

**JOURNEYING  
WITH CHRIST  
IN HOPE AND TRUST**

# Ursuline Newsletter

4045 Indian Road, Toledo, OH • Vol. 47 No. 9 • October 2023

## Leadership Corner by Sr. Joy

**“Autumn teaches us the beauty of letting go.**

**Growth requires release -  
it’s what the trees do.”**

*-ka’ala, @alohakaala*

The Fall season puts before us many examples of change taking place: leaves changing color, tree leaves dying, the grass turning brown to prepare for winter rest, and the coolness of the air to name a few.

Just as these changes take place in nature in the fall, there are changes that take place in each of us as changes happen. Maybe this is a good time to step back and reflect on what change we may need to make in our own lives. Possibly we take time to review the past months and look at what has occurred around us in our lives, family, nation and world. We begin to think about the changes in clothing that fall and winter require of us. Do we look deeper inside to see if there are changes we need to explore in how we live, think, respond, pray? Are we called to explore ourselves and make changes to bring about living better lives?

Consider taking some time this Fall to review your own life and all that has been part of it this year.



Reflect on what you might have found helpful, what caught you off guard, or what brought about an emotional response in you. Are any of these happenings calling you to change something in yourself so that you might live better, more fully in the coming year? Ask God to show you the way, guiding your choice and leading you to a more peaceful, fulfilling life.



## The Chosen Clips

October 5 - “The Immense Weight of Playing Jesus”

October 19 - “The Heart of The Chosen”  
“The Heart of The Chosen Season 2”

All are invited to come, relax, and bring a drink or snack if you wish. Showings begin at 3:30 p.m. at the Convent Offices. Hope to see you there!



## Rest In Peace



**Sister Pat Grosse, OSU**

Received her eternal reward  
September 9, 2023

Ursuline Sister for 67 years

*Eternal rest grant unto her O Lord,  
And let perpetual light shine upon her.*

**Gretchen Wiedemann O'Loughlin**, SUA '54;  
MMC '58; sister of Mary Sue (Susie) Wiedemann  
Crandall, SUA '59; MMC '63 - March 25

**Mary Veronica Gonnella**, MMC '67 - August 21

**Joan Biro Zigray**, MMC '58; twin sister of Jean  
Biro, MMC '58 - August 24

**Mary Pat Brunner Birsen**, SUA '46; mother of  
Monica Birsen, SUA '76 - August 26

**Dolores Trausch**, mother of Lisa Trausch, SUA '91  
- August 26

**Mary Patricia Rattay**, mother of Denise Rattay  
Conrad, SUA '73 and Mindy Rattay Benore, SUA  
'74 - August 28

**David Walrod**, he helped Wally Iott with the  
Ursuline Benefit Dinner tickets - August 29

**Rita Cark**, former Ursuline Volunteer; former ASP  
Clerk at St. Ursula and mother of Regina Cark  
Bennett, SUA '77 - August 31

**Mary (Molly) Horstman**, mother of Jeanne  
Horstman Johnson, SUA '76; Kathy Horstman  
Hinds, SUA '77 and Kelly Horstman McCloskey,  
SUA '78 - September 2

**George Njaim**, father of Christine Njaim Parrish,  
SUA '72 and Melissa Njaim Callejas,  
SUA '76 - September 3

**James Wuest**, brother of Associate Mary Wuest  
Obert, SUA '49 - September 7

**Sr. Mary Michaelyn Hempfling**, SND; MMC -  
September 9

**Joseph Beins**, brother of Elizabeth "Betty"  
Ainsworth, SUA '50; MMC '54 and Marianne  
Beins Vere, SUA '65; MMC '69 - September 9

**Father J. Norbert Howe**, Lima, OH; retired priest  
of the Diocese of Toledo - September 11

**Dolores Hunt**, mother of Elizabeth Hunt Thees,  
SUA '80 - September 18

**Sr. Stephanie Nolan**, Ursuline Sister of the Eastern  
Province - September 19

California Associate **Alice Reis** - September 20

**Sr. Anne Mary Lochner**, Ursuline Sister of  
Louisville - September 21

*Drawn by  
Sacred Mystery  
A Journey into Hope*



**Feast of St. Ursula,  
Missioning, Renewal of Vows  
& Commitment**

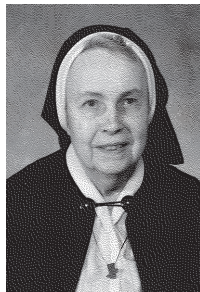
**Saturday, October 21, 2023  
Liturgy at 4 p.m.; Supper to follow**

Please RSVP to Val at [vmyers@ursulinecenter.org](mailto:vmyers@ursulinecenter.org) or  
419-536-9587 by Friday, October 13, 2023.



*Archive Snapshots*

Sister John Francis Moore of Tiffin entered the Ursuline Convent in 1926 and began teaching at St. Agnes in Toledo. She received her Bachelor's degree from Mary Manse and went on to The University of Notre Dame for a Master's degree in Physics. While still going to college and universities, Sister John Francis continued teaching at St. Angela Hall, Nazareth Hall, Our Lady of Perpetual Help, St. Thomas Aquinas, St. Joseph, Tiffin, St. Rose, Perrysburg, and then returned to Our Lady of Perpetual Help as principal in 1950. She taught at Lima Central Catholic High School for one year then went to Mary Manse College to teach Physics from 1958 until the college closed in 1975. She then took a position at Madonna College in Livonia, Michigan and taught there until she retired in 1992 when she was over 87 years of age. Sister John Francis earned many honors and received many National Science Foundation grants to further her study in Physics and applied sciences. She died at the Ursuline Center in 2003 at age 94.



**June 2023-June 2024:  
The Parish Year  
Eucharistic Revival**

During the pandemic, I acquired a renewed appreciation of Jesus in the Holy Eucharist. I had such a longing to receive Jesus, especially when watching the Mass on TV. When I was finally able to receive Holy Communion again, I could not hold back the tears. I recall that experience whenever I feel that my reception of Holy Communion is becoming routine.

Since I retired from teaching, I have been taking Holy Communion to people, in their homes or in care facilities, who are no longer able to go to Mass. It brings me such joy to be able to do this. I consider it a special blessing when I realize that I gave someone Holy Communion for the last time before he/she went to meet Our Lord.

- submitted by Sr. Rita Mae Johns

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## Associate News by Jess Gamby



### Autumn Months

O God of Creation, you have blessed us with the changing of the seasons.

As we welcome the autumn months, may the earlier setting of the sun remind us to take time to rest.

May the brilliant colors of the leaves remind us of the wonder of your creation.

May the steam of our breath in the cool air remind us that it is you who give us the breath of life.

May the harvest from the fields remind us of the abundance we have been given and bounty we are to share with others.

May the dying of summer's spirit remind us of your great promise that death is temporary and life is eternal.

We praise you for your goodness forever and ever.

- Author Unknown

*Please pray this prayer for our Sisters and Associates during the month of October.*

<https://www.xavier.edu/jesuitresource/online-resources/prayer-index/autumn-prayers#:~:text=Autumn%20Months,-O%20God%20of&text=remind%20us%20that%20it%20is,temporary%20and%20life%20is%20eternal.>



## SUA 8th Graders Reflect on Quotes of St. Angela

“Don’t stay angry.”

Rule, Chapter 9/17

I think Angela was trying to tell us that you should never stay angry because it could worsen yourself or others. Staying angry never has a good payoff and just ends up being a waste of time and energy. I think that instead of spreading negative energy, she wanted us to be positive and kind to ourselves and others.



Salvatore Cavallini. Cathedral, Desenzano

- Jessilyn, SUA 8th Grader

### NEWSLETTER DEADLINE

The deadline for the November 2023 newsletter is Tuesday, October 24. Please send your stories to Michelle at [mscazzero@ursulinecenter.org](mailto:mscazzero@ursulinecenter.org).



Check out the Ursuline Sisters of Toledo Facebook page!

## Associate Updates

**TAANG Sewing Day** was held on Saturday, September 9. Associates Val Myers, Marcia Kolbeck, Michelle Scazzero, and Debbie Bercher cut patterns and sorted dresses and shorts that will eventually be sent to many countries, such as Haiti, Grenada, Trinidad, El Salvador, Guatemala, Ukraine, and many orphanages in third world countries where children are in desperate need of clothing. Thank you to all who helped make this important event happen. Thank you also to Sisters Margaret Anne, Bernarda and Regina who stopped in to say hello.

**Rahab's Heart Dinner** – On Friday, October 20 at 6 p.m., the Associates will be providing dinner for the women with whom volunteers walk. We are still in need of 3 casserole dishes. These can be homemade or store bought. (Appetizers and desserts are covered.) If you can provide a casserole for the main course, please contact Val in the Convent Offices, [vmyers@ursulinecenter.org](mailto:vmyers@ursulinecenter.org) or 419-536-9587 as soon as possible so we can plan the event and make sure we have all the food we'll need. If you cannot attend but would like to provide food, that can also be arranged. This is another way the Associates can become involved in ministry in our community.

**Halloween Treat Bags** – We will again assemble Halloween treat bags for the Sisters who live in care facilities. The date will be determined soon. Please contact Val at [vmyers@ursulinecenter.org](mailto:vmyers@ursulinecenter.org) or 419-536-9587 if you would like to help.

**Afternoon Reflection** – The Afternoon Reflection entitled, "Doors to Angela's Life" by Sr. Donna Frey will be held on Sunday, November 12, from 1 – 3 p.m. at the Ursuline

Convent Offices. There will be an opportunity for prayer and light refreshments. Sisters and Associates are invited to attend. Please mark the date on your calendar and RSVP to Val at [vmyers@ursulinecenter.org](mailto:vmyers@ursulinecenter.org) or 419-536-9587 by Monday, November 6.

**Christmas Luncheon** – This year's Christmas luncheon for Sisters and Associates will be held on Wednesday, December 6. Mark it on your calendar! RSVP by November 30 if you plan to attend. Details to follow.

**New Associates** – Do you know someone who has expressed an interest in the ministries of the Ursuline Sisters? Please encourage them to check out our website, stay in touch with them and encourage them to join us. As our numbers grow, so can our ministry as Associates. A new flyer will be ready for distribution soon that can be shared with those interested individuals.

**Newsletter Writers** – WE STILL NEED YOU! Your story can be as simple as a one or two line reflection on your personal experience with the Ursuline Sisters, your spiritual experience as an Ursuline Associate, or your personal reflection on St. Angela. We ask that articles are no longer than one page.

Debbie and Jess  
[ursulineassociates@ursulinecenter.org](mailto:ursulineassociates@ursulinecenter.org)

O God, as followers of Angela, we ask that through her intercession, we may live lives filled with charity, faith and hope. May all we say and do be rooted in Christ and motivated by service to His people. We ask this in the name of Jesus. Amen.

(taken from "Litany of St. Angela" from

*From the LCWR Presidency*

# Only Heaven Knows Where We Are Going

Maureen Geary, OP — LCWR President-Elect

**F**or the first three weeks following the assembly, every time I woke up – and I mean every time – it was to the refrain from the song, “Woyaya” that Dr. Glen Thomas Rideout, liturgy collaborator, used throughout our days together:

“We are going, heaven knows where we are going but we know within.

And we will get there, heaven knows how we will get there, but we know we will.”

This melody brings a smile to my lips every time I hear it. The lyrics bring confidence to my heart and ease my entrance into the new day.

Sometimes awakening from a dream leaves us with just bits and pieces from which we try to make meaning. This is true in so many kinds of awakenings! When we start again – a new day, a new ministry, a new relationship, a new home – we begin from where we left off. And, as T.S. Eliot famously noted: “What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start from.” As our perceptions of an evolving religious life continue to emerge, we affirm that beginnings and endings and beginnings-again are the work of our Creator God. It is no different for us as individuals or as congregations of women religious. “Heaven knows where we are going, but we know within.”



We live and move in a container, the universe, that knows endings and yet is ever expanding, uncircumscribed. The universe is alive, pulsing. In the magnificent images from the Webb telescope used at the assembly, we experienced both the already and the not yet. Our loved ones in the communion of saints beckon to us from a future that we know has already begun to breathe new life into us.

In her powerful preaching “Almost Home” Ann Willits, a Dominican Sister of Sinsinawa, relates the story of an elderly sister who, after exiting her room and making her way down a confusing, unfamiliar hallway anxiously asked: “Oh dear! Am I coming or going?” To which Ann replied, “I don’t know, my dear, but one thing I do know for sure is that you are almost home.”

We have so much wisdom to guide us! And there is so much courage to sustain us. Pierre Teilhard de Chardin counseled that, while “we are impatient of being on the way to something unknown, something new,” we should give God the benefit of believing that God’s hand is leading us.

What could it mean to be going, knowing we’ll get there? To KNOW, within? It means God’s hand is leading us.

“And we will get there, heaven knows how we will get there, but we know we will.”



*Dr. Glen Thomas Rideout*



## News from the UN

### September 21: International Day of Peace

Established in 1981, this day is dedicated to non-violence across the globe. The UN General

Assembly has declared this as a day devoted to strengthening the ideals of peace and considering both individual and collective actions towards creating a culture of peace. The 2023 International [Day of Peace](#) marks the mid-point in implementing the Sustainable Development Goals (SDG) and coincides with the UN hosted [SDG Summit, September 18-19](#) focusing on this year's theme: Actions for Peace: Our Ambition for the #Global Goals.

United Nations Secretary-General António Guterres said, "Peace is needed today more than ever. War and conflict are unleashing devastation, poverty, and hunger, and driving tens of millions of people from their homes. Climate chaos is all around. And even peaceful countries are gripped by gaping inequalities and political polarization."

### October 2: International Day of Non-Violence

The International Day of Non-Violence is observed October 2, the birthday of Mahatma Gandhi, leader of the Indian independence movement and pioneer of the philosophy and strategy of non-violence. The International Day is an occasion to "disseminate the message of non-violence, including through education and public awareness." The resolution reaffirms "the universal relevance of the principle of non-violence" and the desire "to secure a culture of peace, tolerance, understanding and non-violence."

### October 10: World Mental Health Day

The United Nations and the World Health Organization (WHO) have designated October 10 as [World Mental Health Day](#), recognizing "Mental health is a universal human right." This recognition underscores the vital role mental health plays in the overall health and well-being of each human person. Estimates from the WHO estimate that one in eight people globally are living with mental health risks and conditions impacting global health and human dignity.

This day is a time to advocate for equal access to mental health care, resources, and protection from mental



health risks and the right to inclusion and acceptance of those experiencing mental health challenges. Resources for education, communication, and understanding of mental health as a human right provide the opportunity to raise awareness and drive actions that promote and protect mental health as a universal human right.

### October 11: International Day of the Girl

[The International Day of the Girl Child](#) focuses attention on the need to address the challenges girls face and to promote girls' empowerment and the fulfillment of their human rights. While more resources have been made available globally for the investment in the rights of girls, the impact of natural disasters, COVID-19, and humanitarian conflict disproportionately affects the human development of girls around the world.

Girls continue to face unprecedented challenges to their education, physical and mental wellness, and the protections needed for a life without violence. This day honors the importance of education and well-being of girls and necessity for advocacy on behalf of girls throughout the world.



## FEAST DAY



### October

7	Sr. Beth Hemminger
8	Sr. Kenwyn Steger
16	Sr. Margaret Anne Carstensen
16	Sr. Margaret Manion

### November

4	Sr. Carol Kronfield
4	Sr. Carol Reamer

## Pray with the Ursulines:

### Communication Tape

It is recorded Mondays, Wednesdays  
and Fridays.

Call 419-536-9375.

## CALENDAR (ALL DATES SUBJECT TO CHANGE)

### October 2023

- 5 Community Input/Update, 12:30 - 2:30 p.m., Sisters only.
- 5 The Chosen clip, 3:30 p.m., Ursuline Convent Offices
- 8 Mary Manse Alumni Mass & Brunch, 11 a.m.,  
Ursuline Center
- 19 The Chosen clips, 3:30 p.m., Ursuline Convent Offices
- 21 Feast of St. Ursula (vows, commitment, missioning),  
4 p.m. Mass followed by supper. Sisters and Associates  
are invited.
- 24 Council Meeting

### November 2023

- 2 The Chosen clip, 3:30 p.m., Ursuline Convent Offices
- 4 Serata di Gala - SUA
- 6-7 LCWR Region 6 - Cincinnati
- 9 The Chosen clips, 3:30 p.m., Ursuline Convent Offices
- 12 Afternoon Reflection, 1 - 3 p.m. Details to follow.
- 22-24 Thanksgiving - Convent Offices closed
- 25 Founding of the Company of Angela 1535  
Feast of St. Catherine of Alexandria
- 29 Council Meeting
- 30 Community Input/Update, 12:30 - 2:30 p.m., Sisters only.

### December 2023

- 2 Advent Day of Reflection for Religious -  
Sisters of the Diocese, 10 a.m. - 3 p.m.,  
Holy Rosary Cathedral
- 6 Associate Christmas Luncheon for Sisters and Associates
- 7 The Chosen clip, 3:30 p.m., Ursuline Convent Offices
- 12 Foundation Day, Vespers at 4:30 p.m. followed by Supper.  
Sisters and Associates are invited.
- 20 Council Meeting
- 21 Staff Christmas Lunch - 11 a.m.
- 22 - Jan. 2 Christmas Break - Convent Offices closed

## HAPPY BIRTHDAY

### October

- 1 Val Myers
- 6 Suzie Stapleton
- 10 Becky Tobias
- 11 Milan Mihalek
- 13 Amy Good
- 14 Christina Rode
- Veronica DeLa Cerda
- 17 Marge Johnson
- 19 Janet Klocinski
- 20 Sr. Nancy Mathias
- 22 Edna Mae Trotter
- 25 Sr. Donna Frey
- 31 Sr. Sandy Sherman
- Elaine Heyne

### November

- 2 Marcia Kolbeck
- 6 Sr. Bernarda Breidenbach
- 8 Carol Pruss
- 12 Dr. Richard O'Reilly
- Karen (Kitty) Meyers
- 13 Sr. Regina Smith
- 14 Jerry Folmar
- 16 Joanne McGinnis
- 19 Michelle Scazzero
- 20 Hilaire Daly
- 21 Jess Gamby

## Snapshots from the TAANG Sewing Day September 9, 2023

